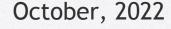
Grade 12 Graduation & Beyond Presentation





Counselling Department 2022-2023

A to Gr	Ms. Chittenden	kchittenden@vsb.bc.ca
Gs to L	Ms. Radic	jradic@vsb.bc.ca
M to Te	Ms. Smith	msmith@vsb.bc.ca
Tf to Z	Ms. Vanderklippe	mvanderklippe@vsb.bc.ca

Agenda

1

7

Resources

High School Graduation

3

4

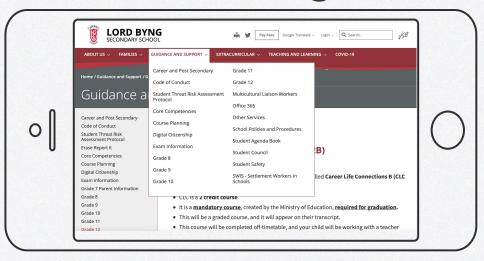
Post Secondary

Scholarships

Counselling Resources

Come and meet your Counsellor!

LB Website: Counselling Department & Grade 12 Page



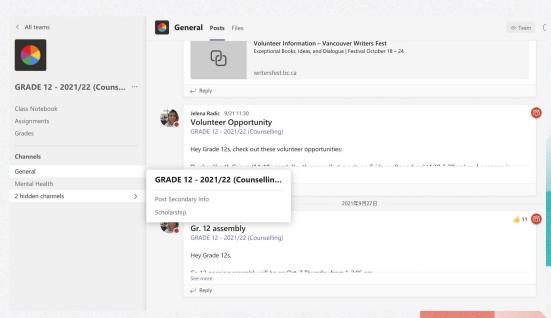
- Guidance & support links
- Course planning
- Post-secondary info
- Grad checklist
- Lord Byng Website Grade
 12 Page

Microsoft Teams: Grade 12- 2022/23 (Counselling)

Subchannels:

- General
- Mental health
- Post-secondary
- Scholarship
- Grade 12 2022/23

(Counselling) Channel Link



Counselling Support - In Person!

- Available for students (4 Counsellors)
- Confidential: except
 - Immediate harm to self or others, report of abuse, student safety
 - We can make referrals to community resources
 - SACY worker Alexis for additional support
 - Safer Schools Youth Worker Adriann for additional support
 - Lord Byng Website: Mental Health Resources

Here to help, connect and get to know you all!

FOUR CORE STRATEGIES FOR MANAGING STRESS AND ANXIETY

1. ATTENTION - CENTERING TECHNIQUES

To neutralize anxiety, it can often help to use techniques designed to focus attention beyond anxious thoughts.







2. EXPRESSIVE, CREATIVE STRATEGIES

To channel anxious thoughts or feelings in more productive ways, we might identify specific outlets to express creativity, such as working on a project, drawing, and athletics.







ARTS



PHYSICAL MOVEMENT

3. REFLECTION EXPLORATION STRATEGIES

To monitor where anxiety arises, become more aware of anxiety triggers, and reflect on anxious thoughts and feelings, we might try strategies that foster self-observation.



JOURNALING



SELF-MONITORING



COMMUNICATION

4. HEALTHY LIFESTYLE VALUES

To reduce residual feelings of anxiety, it could help to turn attention toward healthy habits, healthy relationships, healthy pleasures, and a healthy environment.



NUTRITION



RELATIONSHIPS



EXERCISE

School Year 2022/23

Semester System

Attendance

- Attend all classes & be on time
- Fast-paced semesters (around 20 wks)

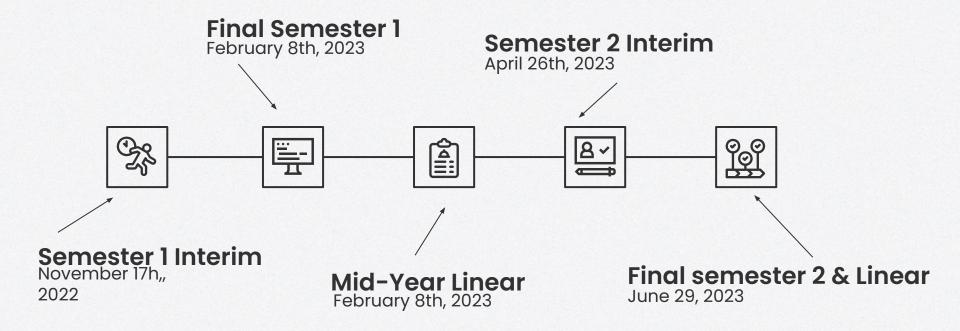
If ill:

- Inform the main office & teacher. Bring a note.
- Look at health documents on VSB or Byng website

Schedule: Semesters

- Semester 1: September 8, 2022 January 28, 2023
- The semester turnaround day: January 31, 2023
- Semester 2: February 1, 2023 June 29, 2023

Important Dates: Report Cards



Graduation Requirements

80 credits min.

Grade 10 Requirements

- English 10 or First Peoples English 10
- Social Studies 10
- A Math 10
- Science 10
- Physical Education 10
- Career Life Education 10 (off timetable)
- Literacy & Numeracy Exam 10

Grade 11 Requirements

- Composition 11/Literary Studies 11/First Peoples English 11
- A Social Studies 11/12/BC First Peoples 12
- A Math 11
- A Science 11
- CLC 12 A (Career Life Connections)(2 credits)

Grade 12 Requirements

- English 12 / AP English 12 / First Peoples Eng. 12
- CLC 12 B (Capstone)
- Grade 12 Literacy Assessment

Grade 12 Requirements

- 1 Fine Art or Applied Skill Elective 10,11, or 12 (4 credits)
- 4 Grade 12 courses (min. 16 credits must be Grade 12 level)
- Grade 12 students can have up to 2 study blocks
- Total Credits 80

Grad Checks

Go to the Byng website for:

- Grad requirements
- Grad Checklist
- Grade 12 Graduation Letter

GRAD REQUIREMENTS

To graduate, students will require 80 credits in total: 52 credits are from required courses and 28 are from elective courses. Also, at least 16 credits must be at the Grade 12 level, including a Grade 12 Language Arts course.

Required Courses	Minimum Credits
Career Life Education	4 credits
a Language Arts 10	4 credits
a Language Arts 11	4 credits
a Language Arts 12	4 credits
a Mathematics 10	4 credits
a Mathematics 11 or 12	4 credits
a Fine Arts and/or Applied Skills 10,11 or 12	4 credits
Social Studies 10	4 credits
a Social Studies 11 or 12	4 credits
Science 10	4 credits
a Science 11 or 12	4 credits
Physical Education 10	4 credits
Career Life Connections + Capstone	4 credits
Total	52 credits
Elective Courses	
Any additional Grade 10-12 equivalent of 28 credits	28 credits
Overall Total	80 credits

Career Life Connections B CLC 12B (Capstone)

- 2 credit REQUIRED course
- Graded and on transcript
- Off-timetable
- Counterpart of Career Life Connections 12A (CLC 12A)
- Working with a teacher advisor from Byng & mentor of choice
- 30 hrs Experiential Learning is part of CLC 12B

Career Life Connections B CLC 12B

- Create a personalized Capstone Project
 - Continued from CLC 12A
- Work with a mentor on their Capstone
- Periodic check-in with teacher advisor
- Present Capstone to a panel in May 2023.
- Check TEAMS regularly for important info. & assignments
 - First assignment due Sunday Oct 2nd

Literacy and Numeracy Exams

- Grade 12 Literacy exam:
 - October 31st, November 1st & 4th
- Grade 10 Numeracy and Literacy exam:

(only for gr. 11s and 12s who haven't written this yet)

TBA

Second Language Requirement

- NOT a high school graduation requirement
- Some universities require students to complete Language 11
 - SFU will accept an Introductory Language 11
 - UVic no secondary language required
 - UBC will accept Language 11
 - In Faculty of Arts, Language 12 is highly recommended
 - If you are an ELL student you may be eligible for a Language
 10, 11 and/or 12 external credits

Language Challenge Exams

- Applications are due by Nov 4th, 2022 to your counsellor
- Hand in to your counsellor, so we can check that your application is complete
- More details are available on Byng Website: Language
 Challenge Exam
- Language Challenge Exam Application
- Language Challenge Exam Website

Career Opportunities

- Work Experience 11 & 12 (4 credit)
- LB school website: <u>Career Exploration</u>
 - Learn about work place
 - Students will acquire specific entry-level skills for employment
 - o Become aware of the job requirements in chosen career field
 - Contact with potential employers
- VSB Career Programs: <u>VSB Career-Programs</u>

Online Courses

- Online or Distance learning courses are available through many online school providers (eg. VLN, EBUS, Nides, etc)
- VLN offers many online courses (<u>VLN Website</u>)
- UBC: 50% of course must be completed by March, Final course completions due: June 30th, 2023
- Double check for your post-secondary institution

AP Exams

- Lord Byng offers 4 AP courses
 - AP Calculus AB, AP Computer Science,
 AP English Literature, AP French, AP Studio Art*
- LB website: AP (Advanced Placement)
- AP Exam VSB Website
- AP exam happens in May
- Universities will recognize AP marks and students can choose to go into next level if they receive a score of 4 or 5 on the AP exam
- AP Exam Lord Byng Website

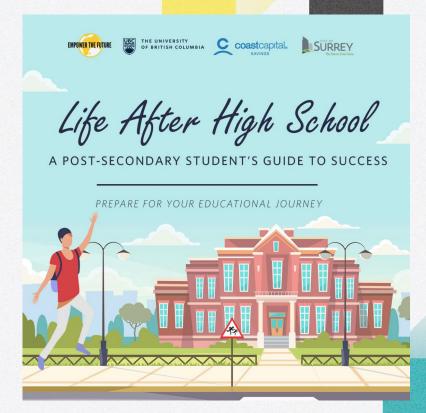
Post-Secondary

Applications & steps

University Applications

PDF copy available in link below:

- CUE event
- Schedule of Uni Visits
- <u>Life After High School PDF</u>



Program Research Site

- IN BC: <u>Education Planner BC Site</u>
- IN ONTARIO: Ontario Universities Info Site
- OTHER PROVINCES: <u>University Study Site</u>

Out of Province Universities

- Alberta: <u>Apply Alberta Website</u>
- Ontario: <u>Ontario Universities Application Website</u>
- Ontario Colleges: <u>Ontario Colleges Application Website</u>

Education Planner BC

- Research different programs offered in all Canadian post secondary institutions e.g. if you are wanting to find out where are all the Nursing programs in Canada
- Do a test to see what you are most suited for
- Apply to more than 1 University (BC only) from this website by creating a profile
- Look at different career options (eg. Salary grid for various professions)
- Education Planner BC Site

University Applications

- Every University is a little different so make sure to read their requirements
 - FOLLOW THEIR STEP-BY-STEP INSTRUCTIONS EXACTLY
- Each University & Faculty has specific requirements

University Applications

- Generally English 12 PLUS 3 other Academically Approved
 Grade 12 Courses
- Each University has a list of Academically Approved Courses
- Some Universities look at 5 grade 12 academic courses (eg. McGill, UoA), some look at 6 (eg. UoT)
- UBC broad evaluation (4 different areas)
- SFU GPA from List A and List B courses
- Grade 11 marks used when Grade 12 marks are not available

University Info Session

- Check Teams Post-secondary channel
- University Visits 2022/23
- Search and check out Open House for each post secondary institution

Post Secondary Exams

- TOEFL <u>TOEFL Website</u>
 - BC Universities vary generally not required for students with 3 years of instruction in English. Confirm with each University.
- IELTS <u>IELTS Canada Website</u>
 - Another option instead of TOEFL
- SAT <u>College Board Website</u>
 - A requirement for American Universities/Colleges for all 1st year students
 - If you are thinking of attending a school in the US, you must write the SAT or ACT (*some universities are test optional now due to COVID)

College Requirements

- BC College acceptance: 1st come 1st serve basis, so apply online asap to secure your spot
- Many Colleges open applications on Oct. 1st
- Certain programs have specific course requirements
 e.g. Nursing
- Colleges offer upgrading opportunities
 e.g. Taking Grade 12 courses

College to University Transfer

- University Transfer = start studying at College then transfer to
 University to complete your studies.
- University will recognize the education you took at College
- Your final Diploma will only note where you graduated from;
 (eg. UBC, not Langara then UBC)
- Make sure you look at Transfer Guide:
 - BC Transfer Guide Website

College to University Transfer

- Admissions averages to transfer from College into University are lower than averages directly from High school
- 1 year = Certificate
- 2 years = Diploma
- 2 years = Associate Degree
- 2 years of College + 2 years of University = Bachelor Degree

Step 1.

- Apply (Fill out the application)
- Common sites like
 OUAC or Education
 Planner BC

Step 2.

- BCeID/STS
- send/order your transcript

BCeID/Student Transcript Site

- Sign up for BCeID using:
 - Personal Education Number (PEN)
 - Full legal name
 - Date of birth
 - Email address
- More instructions: <u>Lord Byng Website: High School Transcript/BCeID</u>

BCeID/STS

- British Columbia Training and Education Savings Grant
 BC's Education Plan
- ▶ B.C.-Quebec Exchange Program
- ► Curriculum & Assessment
- Diverse Student Needs

Full Day Kindergarten

▶ Graduation

School Completion Certificate Program

- ► Student Safety & Wellness
- ▶ International Education
- ► MyEducation BC

Personal Education Number (PEN) Student Learning Survey

- ► Provincial Scholarships Program
- ► Student Disputes & Appeals
- Order Transcripts & Certificates

Transcripts

Certificates GED®

StudentTranscripts Services Hap

Order Transcripts & Certificates

Transcripts & Certificates Available for Online Ordering

The Ministry of Education has your transcript or certificate if you attended a B.C. or Yukon secondary school and you:

Transcripts

- Graduated after 1985 or
- Completed a grade 12 course after 1986 or
- Attended grade 12 prior to 1974 in the University Entrance or Academic-Technical Program

Certificates

Graduated in British Columbia after 1985

If the Ministry does not have your transcript or certificate, please contact your <u>school of record</u> or <u>district office</u>.

General Education Development (GED®)

The GED° program ended in 2014. You can order a transcript or certificate from 1973 to 2014

Ordering Your Transcript or Certificate Through the StudentTranscripts Service (STS)

Option One: If you have a Personal Education Number (PEN)

You will have a <u>PEN</u> if you attended a B.C. K-12 school after 1/93 or wrote a B.C. Provincial Exam starting in 1986.

access the Student ranscripts Service for the first time you will need to create a BCeID.

Log in with BCeID

Sign Up for a BCeID

StudentTranscripts Service

StudentTranscripts



You can use the StudentTranscripts Service (STS) to:

- View or order your secondary school transcript
- Send your secondary school transcripts to post-secondary institutions
- Order your graduation certificate
- View your scholarships
- View your provincial exam or graduation assessment results

How do I Find My PEN?

You can find your nine-digit PEN by:

- Checking your student records or your report card
- Requesting it from the last school you attended
- Submitting a PEN request to the Ministry of Education

Collection Notice



The StudentTranscripts application collects personal information for the purposes of verification to authorize



STS Website

- Log into <u>STS</u> once you have set up your BCeID
- View your secondary school transcript
- Send/order your transcript to post-secondary institution or yourself or an employer
- View your scholarships
- View your literacy or numeracy exam results

Send/Order Transcripts on STS

- Students can send their transcript information to a number of post secondary institutions (PSI) within Canada & International
- This is done on <u>STS</u> website using your BCeID to log in
- ALREADY OPEN/AVAILABLE
- SEND AFTER YOU APPLY TO VARIOUS UNIVERSITIES

Step 3. Self-Reporting

- Complete online form by typing in your grades when self reporting portal opens
- Or Upload transcript/report card as instructed by University
- Do NOT use mobile devices for application
- Report Semester 1 or 2 marks
- Some Uni. Eg. SFU allows you to go in multiple times and adjust your self-report
- UBC = no self reporting
- Universities will check your self-reported marks through PSI ie. STS/BCeID
- Admissions averages typically start high and lower as June approaches

Step 4.

- Hand in any supporting documents if needed.
- Wait for an offer.

Step 5.

- Make a decision.
- Pay deposit.
- Register for your1st year courses.

Scholarships

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- LB Scholarship page
- Gr. 12 Teams Sub channel: <u>Scholarships</u>
- Education Planner BC Scholarships

- Post Secondary Schools Scholarships
- Automatic Entrance Scholarships
- Provincial Scholarships (see next slide)
- Affiliation Scholarships (talk to your family)
- Bursaries (based on financial need)
- LB School Awards (scholarship committee)
- School Sponsored Scholarships

Provincial Scholarships

- District/Authority Scholarships: 5500 @ \$1250 ea.(school selected no application)
- BC Achievement Scholarships: 8000 @ \$1250 ea. (automatic; no application; based on marks)
- BC Excellence Scholarships: 55 @ \$5000 each (school nomination open to all to apply)
- Pathway to Teacher Education: 20 at \$5000 each(open to all to apply)

- Student Awards Website
- <u>Yconic Website</u> (Free Scholarship matching & peer support)
- <u>Scholarships Canada Website</u> (Sign-up, get matched, receive reminders)
- <u>Student Scholarships Website</u> (Sign-up to receive monthly newsletters)
- <u>Provincial Scholarships Website</u> (District Dogwood Scholarships)
- Youth Work-in-Trades Website (Youth Work-in-trades)

Big Ones:

- Loran Scholars Award (<u>Loran Scholars Award</u>)
 - Total value: 34 awards at \$100,000
 - Due: October 12, 2022
- Schulich Leader Scholarships (<u>Schulich Leaders Scholarship</u>)
 - Engineering: 25 at \$100,000 each
 - Science, Technology, and Mathematics: 25 at \$80,000 each
 - High school submits nominee: January 26, 2023

Thanks!

Any Qs?

A to Gr	Ms. Chittenden	kchittenden@vsb.bc.ca
Gs to L	Ms. Radic	jradic@vsb.bc.ca
M to Te	Ms. Smith	msmith@vsb.bc.ca
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